



CARDIOVASCULAR CONSULTANTS HEART CENTER

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Patient Instructions: Venous Ablation Procedure

BRING ALL YOUR MEDICATIONS!

1. Please arrive **30 minutes prior** to your scheduled appointment time.
2. Please drink 32 ounces of water **ONE HOUR BEFORE** your scheduled appointment time.
3. Bring your compression socks with you to your appointment.
4. You will not be allowed to drive after the procedure. Please **arrange for a driver to pick you up** and take you home at the end of your appointment.

If you have any questions regarding these instructions, please contact our scheduling staff for further assistance.